

About the Coach

My name is Corey Strinmoen, I am the Trailblazers Coordinator here at FPA and will be in charge of the Sports camps. Coaching is my passion and I have experience in all sports either playing or coaching.

I played basketball, football, and baseball throughout high school and went onto play football at the collegiate level for 5 years. I have coached baseball for 8 years and also still coach 5th & 6th grade basketball going on 7 years now.

I feel that all kids should experience the unique teamwork that goes into playing sports and also use this time to learn how to keep an active, healthy lifestyle. Sports can be seen as a time of organized play in which all levels can participate. So I hope to see you all at the camp!

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Four Days of Sports at FPA



Grades 1st - 6th
July 26th - July 29th

Sports Camp

Trailblazers are putting on a four day sports camp. We will focus on one sport per day. During this time, we will enhance skills, learn strategies, focus on teamwork, and most importantly have fun. We invite all boys and girls of all skill levels to participate. You can pick 1, 2, 3, or all 4 days to participate. We will charge \$25 per day which includes a camp t-shirt.

The sports that will be covered are:

- Monday(7/26)-Football (\$25)
- Tuesday(7/27)-Basketball (\$25)
- Wednesday(7/28)-Soccer (\$25)
- Thursday(7/29)-Baseball/Softball (\$25)

The camp will be split into two groups. Grades 1-3 will be from 9:30am-11:00am and Grades 4-6 from 11:00am-12:30pm.

Please bring appropriate equipment/clothing for each sport.

Camp Schedule:

Grade 1-3

- 9:30am-9:45am-Warm Up/Stretching
- 9:45am-10:00am-Skill Work
- 10:00am-10:20am-Skills Challenge
- 10:20am-10:35am-Mini Games
- 10:35-10:50am-Scrimmages
- 10:50am-11:00am-Closing (Camper of the Day)

Grade 4-6

- 11:00am-11:15am-Warm Up/Stretching
- 11:15am-11:30am-Skill Work
- 11:30am-11:50am-Skills Challenge
- 11:50am-12:05pm-Mini Games
- 12:05pm-12:20pm-Scrimmages
- 12:20pm-12:30pm-Closing (Camper of the Day)

Camper of the Day

At the end of each day, we will give out the "Camper of the Day" Award. This award will be given to the hardest working player of the day. Criteria that will be taken into consideration are hustle, sportsmanship, doing what is asked, and helping out when needed. The camper will receive a prize at the end of each day for their group.

Mail Registration Form to:

FPA Sports Camp
9025 Tamarack Rd
Woodbury, MN 55125

Camper's Name _____ Grade Entering 2010 _____

Address _____

City _____ State _____ Zip _____

Parent's Name _____

Daytime Phone # _____

Email Address _____

Mark (x) Camps Attending (Grade Entering 2010)

Grades 1-3

- ___ Football, 7/26
- ___ Basketball 7/27
- ___ Soccer, 7/28
- ___ Baseball, 7/29

Grades 4-6

- ___ Football, 7/26
- ___ Basketball, 7/27
- ___ Soccer, 7/28
- ___ Baseball, 7/29

T-Shirt Size: (Youth Sizes) ___S ___M ___L ___XL

Medical Release

This is to certify that the Trailblazer staff permission to act on my behalf in an emergency, and agree to be held responsible for the costs of any medical treatments given to my child and to hold Footprints Academy, Trailblazers, it staff and associates harmless for any injury or harm to my child while participating in the Sports Camp.

Parent's Name _____

Date _____